

Blue Velvet A-Lishus-Creation GF Cupcake

Nutrition Facts

Serving Size: 1 piece (92g)

Servings Per Container: 1

Amount Per Serving

Calories 150 Calories from Fat 110

% Daily Value*

Total Fat 12g **18%**

Saturated Fat 2g **10%**

Trans Fat 0g

Cholesterol 95mg **32%**

Sodium 200mg **8%**

Total Carbohydrate 8g **3%**

Dietary Fiber 2g **8%**

Sugars 2g

Protein 4g

Vitamin A 2% • Vitamin C 0%

Calcium 6% • Iron 4%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: GF FLOUR BLEND: (EVAPORATED CANE SUGAR, TAPIOCA STARCH, WHITE RICE FLOUR, POTATO STARCH, INULIN, GRAINLESS & ALUMINUM-FREE BAKING POWDER (SODIUM ACID PYROPHOSPHATE, POTATO STARCH, SODIUM BICARBONATE RICE BRAN, GLUTEN-FREE FLAVOR, SEA SALT, XANTHAN GUM), EGGS, CANOLA OIL, UNSWEETENED COCOA, EGG YOLKS, POWDERED BUTTERMILK, BLUE FOOD COLORING, BAKING SODA, DISTILLED WHITE VINEGAR

CONTAINS: MILK, EGG

CREATE YOUR CUPCAKE LLC.
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