

Blue Velvet A-Lotta-Lishus GF Cupcake

Nutrition Facts

Serving Size: 1 piece (159g)

Servings Per Container: 1

Amount Per Serving

Calories 210 Calories from Fat 160

% Daily Value*

Total Fat 18g **28%**

Saturated Fat 2.5g **13%**

Trans Fat 0g

Cholesterol 135mg **45%**

Sodium 270mg **11%**

Total Carbohydrate 12g **4%**

Dietary Fiber 2g **8%**

Sugars 3g

Protein 6g

Vitamin A 4% • Vitamin C 0%

Calcium 8% • Iron 8%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: GF FLOUR BLEND: (EVAPORATED CANE SUGAR, TAPIOCA STARCH, WHITE RICE FLOUR, POTATO STARCH, INULIN, GRAINLESS & ALUMINUM-FREE BAKING POWDER (SODIUM ACID PYROPHOSPHATE, POTATO STARCH, SODIUM BICARBONATE RICE BRAN, GLUTEN-FREE FLAVOR, SEA SALT, XANTHAN GUM), EGGS, CANOLA OIL, UNSWEETENED COCOA, EGG YOLKS, POWDERED BUTTERMILK, BLUE FOOD COLORING, BAKING SODA, DISTILLED WHITE VINEGAR

CONTAINS: MILK, EGG

CREATE YOUR CUPCAKE LLC.
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