

Apple Spice A-Lishus- Creation Cupcake

Nutrition Facts

Serving Size: One (74g)

Servings Per Container: 1

Amount Per Serving

Calories 280 Calories from Fat 110

% Daily Value*

Total Fat 12g **18%**

Saturated Fat 6g **30%**

Trans Fat 0g

Cholesterol 35mg **12%**

Sodium 65mg **3%**

Total Carbohydrate 37g **12%**

Dietary Fiber 2g **8%**

Sugars 13g

Protein 5g

Vitamin A 6% • Vitamin C 6%

Calcium 2% • Iron 2%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: ALL PURPOSE FLOUR, GRANULATED SUGAR, UNSALTED BUTTER, GRATED APPLES, CHOPPED WALNUTS, EGGS, BAKING SODA, GROUND NUTMEG, CINNAMON

CONTAINS: EGG

CREATE YOUR CUPCAKE LLC.
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