

# GF A-Lotta-Lishus Apple Spice Cupcake

## Nutrition Facts

Serving Size: 1 (125g)

Servings Per Container: 1

### Amount Per Serving

**Calories** 150      Calories from Fat 110

**% Daily Value\***

**Total Fat** 12g      **18%**

Saturated Fat 1.5g      **8%**

Trans Fat 0g

**Cholesterol** 55mg      **18%**

**Sodium** 85mg      **4%**

**Total Carbohydrate** 9g      **3%**

Dietary Fiber 1g      **4%**

Sugars 5g

**Protein** 2g

Vitamin A 2%      •      Vitamin C 15%

Calcium 2%      •      Iron 2%

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: GF FLOUR BLEND: (EVAPORATED CANE SUGAR, TAPIOCA STARCH, WHITE RICE FLOUR, POTATO STARCH, INULIN, GRAINLESS & ALUMINUM-FREE BAKING POWDER (SODIUM ACID PYROPHOSPHATE, POTATO STARCH, SODIUM BICARBONATE RICE BRAN, GLUTEN-FREE FLAVOR, SEA SALT, XANTHAN GUM), GRATED APPLES, WATER, EGGS, CANOLA OIL, CINNAMON, GINGER, CLOVES

CONTAINS: EGG

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