

Blue A-Lishus-Creation Buttercream Frosting

Nutrition Facts

Serving Size: portion (45g)

Servings Per Container: 1

Amount Per Serving

Calories 210 Calories from Fat 100

% Daily Value*

Total Fat 11g **17%**

Saturated Fat 5g **25%**

Trans Fat 1g

Cholesterol 20mg **7%**

Sodium 0mg **0%**

Total Carbohydrate 29g **10%**

Dietary Fiber 0g **0%**

Sugars 28g

Protein 0g

Vitamin A 8% • Vitamin C 0%

Calcium 0% • Iron 0%

* Percent Daily Values are based on a 2,000 calorie diet.
Your daily values may be higher or lower depending on
your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: GF POWDERED SUGAR,
UNSALTED BUTTER, MARGARINE,
WHOLE MILK , VANILLA EXTRACT , BLUE
FOOD COLORING

CONTAINS: MILK

CREATE YOUR CUPCAKE LLC.

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