Eggnog A-Lishus Creation Frosting

Nutrition Facts

Serving Size: full recipe (46g)
Servings Per Container: 1

Amount Per Serving

Calories 200	Calories from Fat 110
	% Daily Value*
Total Fat 12g	**18**%
Saturated Fat 8g	**40**%
Trans Fat 0g	
Cholesterol 35mg	**12**%
Sodium 5mg	**0**%
Total Carbohydrate 24g	**8**%
Dietary Fiber 0g	**0**%
Sugars 23g	
Protein 0g	

Vitamin A 8%	•	Vitamin C 0%
Calcium 2%	•	Iron 0%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: GF POWDERED SUGAR, UNSALTED BUTTER, EGGNOG, VANILLA EXTRACT , GROUND NUTMEG, CINNAMON

CONTAINS: MILK

CREATE YOUR CUPCAKE LLC.
203 HILDERBRAND DRIVE
ATLANTA, GEORGIA 30328