Pumpkin Cream Cheese Frosting A-Lishus-Creation

Nutrition Facts

Serving Size: full recipe (46g)
Servings Per Container: 1

Amount Per Serving

Calories 180	Calories from Fat 80	
		% Daily Value*
Total Fat 9g		**14**%
Saturated Fat 6g		**30**%
Trans Fat 0g		
Cholesterol 30mg		**10**%
Sodium 55mg		**2**%
Total Carbohydrate 23g		**8**%
Dietary Fiber 0g		**0**%
Sugars 22g		
Protein 1g		

Vitamin A 15%	•	Vitamin C 0%
Calcium 2%	•	Iron 0%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: GF POWDERED SUGAR, CREAM CHEESE, UNSALTED BUTTER, PUMPKIN PUREE, CINNAMON, GROUND NUTMEG

CONTAINS: MILK

CREATE YOUR CUPCAKE LLC.
203 HILDERBRAND DRIVE
ATLANTA, GEORGIA 30328