

# Pumpkin Cream Cheese Frosting A-Lotta-Lishus

## Nutrition Facts

Serving Size: full recipe (58g)

Servings Per Container: 1

### Amount Per Serving

**Calories** 220      Calories from Fat 110

**% Daily Value\***

**Total Fat** 12g      **18%**

Saturated Fat 7g      **35%**

Trans Fat 0g

**Cholesterol** 35mg      **12%**

**Sodium** 70mg      **3%**

**Total Carbohydrate** 29g      **10%**

Dietary Fiber 0g      **0%**

Sugars 28g

**Protein** 1g

Vitamin A 20%      •      Vitamin C 0%

Calcium 2%      •      Iron 0%

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: GF POWDERED SUGAR, CREAM CHEESE, UNSALTED BUTTER, PUMPKIN PUREE, CINNAMON, GROUND NUTMEG

CONTAINS: MILK

CREATE YOUR CUPCAKE LLC.

203 HILDERBRAND DRIVE

ATLANTA, GEORGIA 30328